



Medical and Prescription

Dental

Vision

Castlight Price Transparency

Employee Assistance Program

Health Advocate

Health Savings Account

Optum/Rally

Supplemental Benefits

2023 Annual Enrollment Resource Documents

IAM - FORT WORTH



How to Use this Document

Navigate quickly to the benefits that interest you most by clicking on the benefit name in the right navigation bar. Or scroll page-by-page by using the left and right arrows shown in the upper right-hand corner. You can print any page(s) of this document by using the printing feature found in your browser window.

Medical and Prescription

Dental

Vision

Castlight Price Transparency

Employee Assistance Program

Health Advocate

Health Savings Account

Optum/Rally

Supplemental Benefits

Table of Contents

- Medical and Prescription..... 3**
 - CareFirst Broad..... 4
 - Cigna Premier..... 19
 - CVS Caremark..... 28
 - Kindbody Fertility & Family Building..... 29
- Dental 30**
 - Cigna PPO..... 31
 - Cigna DHMO..... 34
- Vision..... 39**
- Castlight Price Transparency..... 42**
- Employee Assistance Program..... 44**
- Health Advocate 48**
- Health Savings Account 52**
- Optum/Rally 55**
- Supplemental Benefits 58**
 - Allstate Accident Insurance 59
 - Allstate Critical Illness Insurance 64
 - Allstate Hospital Indemnity Insurance..... 68
 - Allstate Identify Theft Protection..... 72
 - Allstate Whole Life Insurance with Long-Term Care 74
 - ARAG Legal Services Plan..... 77

Medical and Prescription

The Lockheed Martin high-deductible health plans (HDHP) give you choice and flexibility in how to pay for health care. The medical carriers available to you (listed in the right navigation bar) are determined by your home address.

- CVS Caremark provides prescription benefits for the Aetna, CareFirst and Cigna HDHPs.
- Kindbody is a fertility and family building program that is available to you and your enrolled spouse/domestic partner when you enroll in an Aetna, CareFirst or Cigna HDHP.

For more information on the carriers available to you, call Health Advocate at **877.342.3908** or refer to the carrier's website.

Your medical, dental and vision elections will default to No Coverage unless you actively enroll in your benefits during the 2023 Annual Enrollment period.

Please note this document provides the predominant medical carriers available where you live. It's possible you may be eligible for different Broad or Premier carriers. Contact Health Advocate if you have questions.